



Grounds
for
Learning

Bin bag toboggan

Tie some rope to a heavy duty bin bag and make your way to the top of grassy hill. Get ready!

Remember to hold on tight as you slide down the hill on your homemade sledge

Why not try making some more sledges with seats made from different materials. This fruit box is perfect!



Useful tips

- Try going up the hill instead. Are you strong enough to pull someone all the way to the top?
- You can always add some water to make it extra slippery!
- Experiment with different ways to slide down, you could go on your tummy, your knees, or even backwards!
- Make sure to check the ground is clear of hazards

For more information and ideas go to

www.ltl.org.uk/parents

www.facebook.com/gflscotland